



2019 ATSG Fitbit / Pedometer Walking Program Authorization and Purchase Form

PRINT NAME _____, _____, _____
 (Full Employee #) (Company)

I want to participate in the *Healthy Directions* Fitbit / Pedometer Program. I understand Human Resources will receive my step counts once my Fitbit's registered and then join the Corporate Fitbit Program. Wellness Discount received on my health insurance premium after meeting all quarterly qualifications of 6,000 step minimum/daily average.

Employee's responsible for the maintenance, damage or replacement of their personal Fitbit. If employee wants to continue the Fitbit Healthy Directions Program, employee additional purchase may be necessary.

**Wellness Discount applies after each quarter requirements are met for the following quarter's discount*

Check box below for purchase: (additional product descriptions/pictures on next page)

First time buyer (1st buy) price is for newly hired employees or employees new in the Healthy Directions, Wellness Program. Additional/replacement(s) purchases at a higher discounted rate.

Fitbit "ZIP"	<input type="checkbox"/> \$15 1 st buy "ZIP"	<input type="checkbox"/> \$48 additional/replace "ZIP"
Fitbit "FLEX2"	<input type="checkbox"/> \$35 1 st buy "FLEX2"	<input type="checkbox"/> \$50 additional/replace "FLEX2"
Fitbit "ALTA"	<input type="checkbox"/> \$75 1 st buy "ALTA"	<input type="checkbox"/> \$105 additional/replace "ALTA"
Fitbit "CHARGE3"	<input type="checkbox"/> \$90 1 st buy "CHARGE3"	<input type="checkbox"/> \$124 addl/replace "CHARGE3"
<input type="checkbox"/> Black Fitbit Flex2 "Clip" \$5	<input type="checkbox"/> Teal Fitbit Flex2 "Clip" \$5	<input type="checkbox"/> Purple Fitbit Flex2 "Clip" \$5

Authorized Payroll Deduction: \$_____ (add all selections up from above)

Select payroll deduction option: _____ (1) pay or _____ split into (2) pays (max)

Mailing option available for Outbase employees

I want my Fitbit mailed to me (for Outbase employees available by request)

ENTER EMAIL ADDRESS:

(Exception: Purchase additional for a family member)

By signing below, I authorize payroll deduction of my Fitbit cost and taken from next available payroll cycle.

EMPLOYEE SIGNATURE: _____ Date: ____ / ____ / 20____

**Employee Purchase Only: List your active email address above that is assigned to your personal Fitbit Account. You will be sent an email INVITE to JOIN "ABX/ATSG Corporate Fitbit Program".*

HEALTHY DIRECTIONS = HEALTHIER YOU

Return order form to:

ABX tracey.dykes@abxair.com

Tracey Dykes (#62134) 937-366-2134

AMES Christine.cousineau@airbornemx.com

Christine Cousineau (#62472) 937-366-2472

Mail Form To: 2061-H | Attn: 'Fitbit' | 145 Hunter Drive | Wilmington, OH 45177

10/12/18

The Fitbits below are in-house for purchase:



ZIP™ WIRELESS ACTIVITY TRACKER

Get a kick out of fitness with this little device. It tracks your steps, distance, and calories burned – and sync those stats to your computer and select smartphones. In doing so, it celebrates how much more you do each day. Zip™ encourages you to set goals, challenge friends, and go farther - one step at a time. That's how you turn everyday life into a social, achievable, awesome path to fitness.



THE FLEX2™ WIRELESS ACTIVITY AND SLEEP TRACKER

This Versatile activity and sleep tracker makes fitness fashionable. This Fitbit can start your day out with a gentle silent alarm to get your day going! This tracker has 5 indicator lights that flash various patterns depending on what the tracker is doing for you. It tracks your steps, distance, calories burned, and active minutes whenever you wear it. Sync your tracker and check your dashboard to see your stats. It tracks sleep, hourly activity and, keeps track of your daily activity with a reminder of your individual goal. Lights indicate call and text notifications and progress. With a 5 day battery life, this Fitbit keeps you motivated while tracking your progress. This Fitbit does not have a screen to show you activity numbers, it has indicator lights which light up as you move toward your GOAL. ***Magnetic Clip sold separately by CO**



ALTA™ WIRELESS ACTIVITY AND SLEEP WRISTBAND

Motivation is your best accessory with this fitness wristband built with all-day activity, auto sleep, SmartTrack™ and reminders to move. The Fitbit Alta lasts longer than competing trackers with a battery life of up to 5 days. Alta is sweat, rain, splash proof. You can wear Alta in the shower, but we recommend rinsing and drying it afterward because it's best for your skin if the band stays clean and dry.



CHARGE3 SWIMPROOF + HEART RATE + ACTIVITY WRISTBAND

Take control of your goals by using Fitbit Charge3 to enhance your workouts, real time heart rate, track all-day steps, distances, calories, floors with 24/7 heart rate tracking. Has an impressive battery life up to 7 days. Call, text and calendar alerts. Multiple clock options available. APPS for weather and more. SWIMPROOF – a seamless case protects your CHARGE3 whether in the shower or the pool!

To register your Fitbit, go to www.fitbit.com/setup. For Fitbit assistance, go to www.fitbit.com/help. For all Wellness Program qualifications, Fitbit Manuals and more, visit www.myABX.com/wellness/index.html or Self Service-Benefits tab or type in: <http://myabx.com/benefits/>. Syncing to a PC (Dongle may be needed) or Smart Phone, is needed at least weekly to download weekly steps. Registration in the Corporate Fitbit Program is needed for reporting in Wellness Program (look for email invite once form received). For more Fitbit Products visit www.fitbit.com.

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