



# ATSG Fitbit / Pedometer Walking Program Authorization and Purchase Form

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 (PRINT EMPLOYEE NAME) (Full Employee #) (Company)

I want to participate in the *Healthy Directions* Fitbit / Pedometer Program. I understand that the Human Resource Department will receive my step count, once I register my Fitbit and JOIN a Fitbit Challenge. I will receive a Wellness discount on my health insurance premium after meeting all requirements for the Healthy Directions, Fitbit/Pedometer Program.

I understand that I am responsible for the maintenance of my pedometer. If I lose or damage my Fitbit, I am responsible for replacing, if I want to continue participation in the Healthy Directions, Fitbit/Pedometer Program. *\*if requirements are met, wellness discounts will apply for the following quarter*

I authorize the payroll deduction, as indicated below to pay for my Fitbit/pedometer(s). The deduction will come out of the next available payroll cycle as available from Payroll Department.

**Check box(s) below of item(s) you are purchasing:** *(additional product descriptions/pictures on next page)*

First time buyer (1<sup>st</sup> buy) prices are for newly hired employees, or employees new in the Healthy Directions Fitbit Wellness Program. Additional or replace(ments) are purchased at the higher discounted rate.

Fitbit "ZIP"	<input type="checkbox"/> \$15 1 <sup>st</sup> buy "ZIP"	<input type="checkbox"/> \$48 additional/replace "ZIP"
Fitbit "FLEX2"	<input type="checkbox"/> \$35 1 <sup>st</sup> buy "FLEX2"	<input type="checkbox"/> \$50 additional/replace "FLEX2"
Fitbit "ALTA"	<input type="checkbox"/> \$75 1 <sup>st</sup> buy "ALTA"	<input type="checkbox"/> \$105 additional/replace "ALTA"
Fitbit "CHARGE2"	<input type="checkbox"/> \$90 1 <sup>st</sup> buy "CHARGE2"	<input type="checkbox"/> \$124 addl/replace "CHARGE2"
<input type="checkbox"/> Black Fitbit Flex2 "Clip" \$5	<input type="checkbox"/> Teal Fitbit Flex2 "Clip" \$5	<input type="checkbox"/> Purple Fitbit Flex2 "Clip" \$5

**Authorized Payroll Deduction:** \$ \_\_\_\_\_ (add all selections up from above)

**Select payroll deduction:** (1) one \_\_\_pay **OR** (2) \_\_\_ pays (max)

*Employees must list an active email address below that is associated to Fitbit account. You will receive an invite to "JOIN" the ATSG Corporate Fitbit Program.*

**PRINT EMAIL ADDRESS:**

*(Exception: purchase for a family member)*

➤ Employee Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/20\_\_\_\_

**Return order form to:**

ABX [tracey.dykes@abxair.com](mailto:tracey.dykes@abxair.com)

Tracey Dykes (#62134) 937-366-2134

AMES [Christine.cousineau@airbornemx.com](mailto:Christine.cousineau@airbornemx.com)

Christine Cousineau (#62472) 937-366-2472

Mail Form To: 2061-H | Attn: 'Fitbit' | 145 Hunter Drive | Wilmington, OH 45177

1/23/18

*Fitbit's in-stock are:*

## ZIP™

### WIRELESS ACTIVITY TRACKER



Get a kick out of fitness with this little device. It tracks your steps, distance, and calories burned – and sync those stats to your computer and select smartphones. In doing so, it celebrates how much more you do each day. Zip™ encourages you to set goals, challenge friends, and go farther - one step at a time. That's how you turn everyday life into a social, achievable, awesome path to fitness.

## THE FLEX2™

### WIRELESS ACTIVITY AND SLEEP TRACKER

**\*Fitbit "ONE" is discontinued**



This Versatile activity and sleep tracker makes fitness fashionable. This Fitbit can start your day out with a gentle silent alarm to get your day going! This tracker has 5 indicator lights that flash various patterns depending on what the tracker is doing for you. It tracks your steps, distance, calories burned, and active minutes whenever you wear it. Sync your tracker and check your dashboard to see your stats. It tracks sleep, hourly activity and, keeps track of your daily activity with a reminder of your individual goal. Lights indicate call and text notifications and progress. With a 5 day battery life, this Fitbit keeps you motivated while tracking your progress. This Fitbit does not have a screen to show you activity numbers, it has indicator lights which light up as you move toward your GOAL.

\*Magnetic Clip available for purchase / sold separately.

## ALTA™

### WIRELESS ACTIVITY AND SLEEP WRISTBAND



Motivation is your best accessory with this fitness wristband built with all-day activity, auto sleep, SmartTrack™ and reminders to move. The Fitbit Alta lasts longer than competing trackers with a battery life of up to 5 days. Alta is sweat, rain, splash proof. You can wear Alta in the shower, but we recommend rinsing and drying it afterward because it's best for your skin if the band stays clean and dry.

## CHARGE2

### HEART RATE + ACTIVITY WRISTBAND



Take control of your goals by using Fitbit Charge2 to record your workouts and track all-day activity like heart rate, steps, distance, calories burned, stairs climbed and active minutes. With an impressive battery life up to 5 days and instant access to every stat, you don't have to look far for motivation to keep going.

Synching to a PC or SmartPhone varies by product. For more Fitbit Products visit [www.fitbit.com](http://www.fitbit.com).

Register your Fitbit @ [www.fitbit.com/setup](http://www.fitbit.com/setup). For help, visit [www.fitbit.com/help](http://www.fitbit.com/help).

[www.myABX.com/wellness/index.html](http://www.myABX.com/wellness/index.html) for full program qualifications, Fitbit Manuals and more Wellness Programs you can join for a Wellness Discount visit [www.myabx.com/wellness/index.html](http://www.myabx.com/wellness/index.html)

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