



2025 ATSG Wellness Incentive Program

Your incentive program will run from **January 1, 2024** through **November 30, 2024**. Employees who are enrolled in the medical plan have the option of participating in the incentive program. Working towards your best health can save you money! Complete activities to earn gift cards and a medical premium discount for 2025.

Incentive Rewards:

	Points	Gift
Level 1	500	\$10 Gift Card
Level 2	1,500	\$25 Gift Card
Level 3	2,500	Medical Premium Discount*
Level 4	5,000	\$50 Gift Card

Incentive Program Activities:

1. **Annual Physical** (**required for medical premium discount*): 2,500 points
2. **HRA**: 500 points
3. **Tobacco Free**: 500 points
4. **Health Coaching (three sessions)**: 500 points
5. **Vaccinations**: 250 points each
6. **Preventive Exams**: 500 points each
7. **Wellness Workshops**: 100 points each (max 400 points)
8. **Challenges**: 100 points each
9. **Monthly Exercise**: 250 points each



To view a complete list of activities and to track your progress, click on the Incentives tab in the Marathon Health Portal. For questions, please call 513-964-0830.

